

# Program Information Packet

## Whitewater Kayak Clinic



Looking forward to adventuring together. This packet is filled with information about your program.



**RALEIGH** Parks,  
Recreation *and*  
Cultural Resources  
[parks.raleighnc.gov](http://parks.raleighnc.gov)



# Location and Contact

The Whitewater Kayak Clinic will be meeting at The Poole Rd River Access (6501 Poole Rd. Raleigh) at 1:00 PM.

\*We will be providing transportation to the Anderson Point river access, then paddling back down river to Poole Rd. If you are unable to meet the group at the shuttle location, then you may be responsible for your own transportation. Please contact us if you are unable to make the shuttle.

\*\*Program location may vary due to water levels and weather conditions. Staff will contact you if anything changes

- Contact Information

- Adventure Program Office – (919) 996-6855; [adventure.program@raleighnc.gov](mailto:adventure.program@raleighnc.gov)
  - Monday - Friday
- Adventure Program Manager – (919) 830-8746 [zac.huston@raleighnc.gov](mailto:zac.huston@raleighnc.gov)
  - Outside normal business hours

## Weather

- Most Adventure Program activities are held almost entirely in the outdoors. Programs will continue in any weather condition that is safe, including heat, cool wet conditions, and sometimes rain showers.
- Weather related programming decisions will be made by Adventure Staff on a case by case basis depending on the venue, duration and activities involved in the program.
- Program adjustments/cancellations may be made up to the programs start time.
- If you are concerned about weather conditions, please contact Adventure Program Staff.
- The City of Raleigh provides full refunds for weather related cancellations.
- If you choose to withdraw within 14 days of the scheduled date, you will not receive a refund. Please contact the Adventure Program Office with any questions

# Program Itinerary

1:00  
PM

Intro's

Shuttle

1:30  
PM

Safety Talk

Equipment

River  
Terminology

Reading the  
River

2:30  
PM

Put In

Eddy Turns

Peel Outs

Ferries

River  
Rescues

4:30  
PM

Take Out

Group  
Debrief

# What to Bring

- Water & Water Bottle, snacks
- Water clothes
  - Swim shirt
  - Swimsuit
  - Close toed water shoes
  - Synthetic layers – wool, fleece, polyester recommended for cooler wet evenings
- Towel
- Change of dry clothes
- Personal Gear
  - If you have your own Boat, paddle, or PFD, feel free to bring it.
  - In order to provide the most consistent instruction we ask that all personal watercraft are limited specifically to whitewater kayaks.
  - Feel free to contact us with any questions.



**NO FLIP FLOPS**

# Adventure Program Provides

- Instruction
- Boats
- Paddles
- PFD's
- Helmets
- Skirts
- Rescue Equipment





# Please Leave at Home or in the Car

- Inappropriate Attire
  - Flip flops/open toed shoes
- Phones
- Personal Electronic Devices
- Jewelry
- Toys, Stuffed Animals
- Pocket Knives
- Lost Items
  - The City of Raleigh Parks, Recreation, and Cultural Resources Department is not responsible for any personal items lost or stolen at our programs.

